# "100 Makes" Workout Documentation
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| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
|---|---|---|---|---|---|---|---|---|---|---|
| "The difference is in the details." | Date: | Date: | Date: | Date: | Date: | Date: | Date: | Date: | Date: | Date: |
| | Place: | Place: | Place: | Place: | Place: | Place: | Place: | Place: | Place: | Place: |
| | # Makes | # Makes | # Makes | # Makes | # Makes | # Makes | # Makes | # Makes | # Makes | # Makes |
| Shots off the catch | | | | | | | | | | |
| Shots off the bounce | | | | | | | | | | |
| Fast break shots off the bounce | | | | | | | | | | |
| Drop step | | | | | | | | | | |
| Up and under | | | | | | | | | | |
| Reverse pivot | | | | | | | | | | |
| Drop pivot | | | | | | | | | | |
| Pinch post | | | | | | | | | | |
| Free throws | | | | | | | | | | |
| Total Shots Made | | | | | | | | | | |